

Micronutrient Testing Program

Spectracell Laboratories, Plum Market, and A Weigh of Life Nutrition™ introduce a comprehensive wellness program. This program evaluates your nutrient deficiencies and develops a plan to correct them through a balanced diet and supplementation.

Presented By:



plum market®

A Weigh of Life™
lifestyle changes for a lifetime

There is overwhelming evidence that vitamin deficiencies are associated with the chronic disease process and the overall condition of one's health.

"Inadequate intake or subtle deficiencies in several vitamins are risk factors for chronic diseases such as cardiovascular disease, cancer, and osteoporosis."

Journal of the American Medical Association (JAMA), June 2002—Vol. 287, No 23

PROGRAM FEES

\$75 Cost Includes:

1-Hour store tour and consultation with Stacy Goldberg, MPH, RN, BSN

30 Minute consultation with Apothecary team to select supplement regimen

\$25 Gift certificate valid for the Apothecary

Referral Process

Contact Stacy L. Goldberg, M.P.H., R.N., B.S.N. of A Weigh of Life Nutrition™ to receive your Micronutrient Testing Referral Form and Testing Instructions.

Stacy L. Goldberg, M.P.H., R.N., B.S.N.

A Weigh of Life Nutrition™ / What's In Your Cart?™

Phone 248.563.2920 Fax 248.862.2022

Email stacy@aweighoflifenutrition.com

www.aveighoflifenutrition.com

Blood Draw

Make your Blood Draw appointment at the lab location below or visit: www.spectracell.com/find-a-draw-site to find a more convenient location

Lab Information: *by appointment
Monday, Wednesdays, and Thursdays 9:00am – 3:00pm

Private Premier Physicians

1627 W. Big Beaver Rd, Troy, MI 48084

Phone 248.220.1559

Fasting is not required

Bring the following at time of draw:

- Completed Spectracell Requisition Form (Received by Stacy Goldberg)
- Completed ABN form (for Medicare patients only)
- Payment—Clarification of amount due will be stated at time of draw
 - \$160 for all insurances except CIGNA & BCBS of TX, NM, IL, OK
 - \$320 for all customers paying in Cash
 - Medicare patient billing—is \$62 for full panel or free without antioxidant (Spectrox) panel
- Copy of your insurance card & Medicare card if applicable
- Spectracell will bill your insurance and there will be no further cost to you

Visit spectracell.com/insurance-and-billing for FAQ's on Insurance & Billing

Results will take 3-4 weeks

Consultation & Store Tour

Contact Stacy Goldberg to schedule an appointment at Plum Market

- REVIEW: Assess your test results
- PLAN: Devise an action plan to resolve deficiencies
- IMPLEMENT: Receive a 1 hour What's In Your Cart?™ personalized store tour

Supplement Consultation

An Apothecary Team Member will provide a 30 minute meeting to navigate supplement department & find the right supplements for your needs